Field Investigation of a Suspected Epidemic of Cholera



Deciding When to Conduct a Community Investigationv

Conduct an investigation whenever a suspected epidemic is reported

Through formal surveillance system

Endemic area - *increase in cases over the baseline*Non-endemic area - *a single case*

Through informal sources travelers newspapers, etc.

Conduct a Community Investigation In Non-Endemic Areas

- In <u>non-endemic</u> areas, investigate whenever a <u>single</u> <u>patient</u> meets the case definition
- Illness is likely to be more widespread than the single reported case, since:
 - -people with mild illness do not meet the case definition
 - -some ill people may not attend health facilities

Suspected Case of Cholera

where cholera is not known to be present

Any person aged 5 years or more, who develops severe dehydration or dies from acute watery diarrhea

Conduct a Community Investigation In Areas Where Cholera is Endemic-1

When there is an increase in the number of cases over the baseline

Conduct a Community Investigation In Areas Where Cholera is Endemic

- Must distinguish between a true increase and normal reporting fluctuations - look for:
 - sudden, large increase50% over endemic rate
 - persistent increasemore than one week
 - localized reports
 cases reported from one location

When Informed of a Suspected Epidemic

- Review reports of cases
 - do they meet the case definition?
 - what is the attack rate?
- Alert nearby health facilities
 - have health workers seen cases?
 - remind health workers of clinical presentation and case definitions
- Send an investigation team to the field
- Send specimens for laboratory confirmation

Members of the Investigation Team

- Epidemiologist and / or clinician
- Hygienist and / or health educator
- Driver, community representatives, interpreters, general helpers

Investigation Team Duties

- Verify reported cases
- Investigate new cases to establish diagnosis
- Obtain laboratory specimens
- Get and analyze information about cases
 - determine size and characteristics of outbreak
 - create investigation register which contains a line listing of ill persons, including identifying and risk factor information

Investigation Team Duties

- Identify high risk groups and possible sources of contamination
- Assess local ability to respond
- Implement simple, on-site control measures
- Provide emergency treatment supplies and training
- Make recommendations & report findings to decision makers

Line Listing

- Create a line-listing of ill persons
 - get information from clinic register & community investigation
- List
 - identifying information (name, age, address, etc.)
 - details of illness & outcome
 - potential risk factors

Line Listing Potential Risk Factors

- For each ill person, record:
 - recent travel history
 - -contact with persons with diarrhea
 - recent attendance at a funeral (note cause of death of deceased)
 - -water sources for
 - drinking
 - bathing
 - cleaning kitchen utensils
 - -food history (next slide)
 - occupation

Line-Listing Food History

- Has the ill person eaten:
 - raw fruits or vegetables?
 - fruit drinks?
 - room-temperature food from street vendors?
 - cooked foods containing grains (rice, millet, sorghum, maize, etc.), eaten at room temperature?
 - undercooked fish or shellfish?

Line-Listing Interpret the line-listing

- Review each category on listing to identify characteristics that many cases share
 - (e.g., using a certain source of water)
- Characteristics that are more common among cases, than among persons who are well, may identify high risk groups or sources of infection
- N.B. A characteristic that is common
 - a. may be associated with risk of illness OR
 - b. may simply be common in the community

Analyze Data from Investigation

Person

Place

Time

 Analyze the data while still in the field, so that control measures can be directed toward any high risk groups or sources of infection

Analyze Data from Investigation - Person-

- How many cases and deaths?
- What is the attack rate?
- What is the case fatality rate?
- Are there groups at high risk of becoming ill?
- Analyze line listing for significant risk factors

Analyze Data from Investigation - Place-

- Where are cases occurring?
- —Is the outbreak spreading?
 - Are there accessible health facilities in the affected areas?
- Show location of cases on maps
- -Indicate attack rates in different areas
 - helps follow progress of disease
 - helps plan control measures

Analyze Data from Investigation -Time -

- When did cases and deaths occur?
- Is the number of cases increasing or decreasing?
- Make graphs showing the number of cases over time (by date on onset)

Assess Local Ability to Respond

- Case Management
 - Are cases being managed properly?
 - Are there enough supplies?
 - Is there enough staff?
 - Are Temporary Treatment Centers needed?

Assess Local Ability to Respond

- Community Control Measures
 - Is enough safe water available?
 - Is food prepared and handled properly?
 - Are excreta disposed of safely?
 - Is health education reaching everyone?
 - Have ineffective control measures been avoided?